

## **TRADITIONAL PRAYERS**

### **GRADE 1**

#### **The Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

#### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

#### **The Hail Mary**

Hail Mary, full of grace, the Lord is with thee.  
Blessed are thou among women, and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

#### **Grace Before Meals**

Bless us O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen.

#### **Prayer to My Guardian Angel**

Angel of God, my guardian dear, to whom God's love entrusts me here. Ever this day be at my side, to light, to guard to rule and guide. Amen.

#### **The Mysteries of the Rosary**

The Five Joyful Mysteries are: (Introduce and discuss)

1. The Annunciation
2. The Visitation
3. The Birth of Our Lord
4. The Presentation of Our Lord in the Temple
5. The Finding of Our Lord in the Temple

## **TRADITIONAL PRAYERS GRADE 2**

**In addition to knowing the Sign of the Cross, Glory Be, The Lord's Prayer, The Hail Mary, Grace Before Meals, Prayer to my Guardian Angel and Five Joyful Mysteries, please add:**

### **Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

### **Grace After Meals**

We give you thanks for all your benefits, Almighty God who live and reign forever. May the souls of the faithful departed through the mercy of God rest in peace. Amen.

### **\*Act of Contrition**

O my God, I am heartily sorry for having offended thee, and I detest all my sins because of Thy punishments, but most of all because they offend Thee, my God, Who are all-good and worthy of all my love. I firmly resolve, with the help of Thy grace, to sin no more and avoid the near occasions of sin. Amen.

### **Responses at Mass**

### **Mysteries of the Rosary (In addition to the Joyful Mysteries)**

The Five Sorrowful Mysteries are: (Introduce and discuss)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Lord

\*Children will be making Sacrament of Reconciliation this year.

## **TRADITIONAL PRAYERS, GRADE 3**

**In addition to Sign of the Cross, Glory Be, The Lord's Prayer, The Hail Mary, Grace Before Meals, Prayer to My Guardian Angel, Morning Offering, Grace After Meals, Act of Contrition, Responses at Mass, Mysteries of the Rosary, please add the following:**

### **The Apostles' Creed**

I believe in God the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell, the third day He arose again from the dead; He ascended into heaven and is seated at the right hand of God, the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Fatima Prayer**

O my Jesus, forgive us our sins. Save us from the fires of Hell; lead all souls into Heaven, especially those in most need of Thy mercy. Amen.

### **Hail, Holy Queen**

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To Thee do we cry, poor banished children of Eve; To Thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious Advocate, Thine eyes of mercy toward us, and after this our exile, show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, that we may be made worthy of the promises of Christ.

### **Prayer After the Rosary**

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord, Amen.

### **The Mysteries of the Rosary (Should know all 20 mysteries)**

The Five Glorious Mysteries are:

1. The Resurrection of Our Lord
2. The Ascension of Our Lord into Heaven
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of our Blessed Mother into Heaven
5. The Crowning of our Blessed Mother in Heaven

The Five Luminous Mysteries

1. The Baptism of Our Lord in the River Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration of our Lord
5. The Institution of the Eucharist

## **TRADITIONAL PRAYERS Grade 4**

**In addition to the Sign of the Cross, Our Father, Hail Mary, Glory Be, Grace Before and Grace After Meals, Prayer to My Guardian Angel, Morning Offering, Act of Contrition, Responses at Mass, Apostles' Creed, Fatima Prayer, Hail, Holy Queen, Prayer After the Rosary, Mysteries of the Rosary, please add:**

### **Act of Faith**

O my God, I firmly believe that You are one God in Three Divine Persons, Father, Son and Holy Spirit. I believe that Your Divine Son became Man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, Who can neither deceive nor be deceived. Amen.

### **Act of Hope**

O My God, relying on Your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

### **Act of Love**

O my God, I love You above all things, with my whole heart and soul, because You are all-good and worthy of all love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

### **The Angelus (introduce and pray with the children)**

Leader: The Angel of the Lord declared unto Mary.

All: And she conceived of the Holy Spirit.  
Hail Mary ...

Leader: Behold the handmaid of the Lord:

All: Be it done unto me according to Thy word.  
Hail Mary...

Leader: And the Word was made Flesh:

All: And dwelt among us.  
Hail Mary...

Leader: Pray for us, O Holy Mother of God.

All: That we may be made worthy of the promises of Christ:

Leader: Let us pray:

All: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom The incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ our Lord. Amen.

## **TRADITIONAL PRAYERS GRADE 5**

**In addition to Sign of the Cross, Our Father, Hail Mary, Glory Be, Apostles' Creed, Fatima Prayer, Hail Holy Queen, Prayer After the Rosary, All Mysteries of the Rosary, Prayer to My Guardian Angel, Morning Offering, Grace Before and After Meals, Act of Contrition, Responses at Mass, Act of Faith, Act of Hope, Act of Love, Angelus, please learn:**

### **Prayer to the Holy Spirit**

Come, Holy Spirit, fill the hearts of Your faithful.  
And kindle in them the fire of your love.  
Send forth Your Spirit and they shall be created.  
And You shall renew the face of the earth.  
Let us pray:  
Oh, God, who did instruct the hearts of the faithful  
by the light of the Holy Spirit,  
grant that by the gift of that same Spirit,  
we may be truly wise and ever rejoice in His consolation.  
Through Christ, Our Lord. Amen

### **The Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

### **Regina Coeli (Easter time)**

All: Queen of Heaven, rejoice, alleluia.  
The Son whom it was your privilege to bear, alleluia.  
Has risen as He said, alleluia.

Leader: Rejoice and be glad, Virgin Mary, alleluia!

All: For the Lord has truly risen, alleluia!

Leader: Let us pray.

All: O God, through the Resurrection of Thy Son our Lord Jesus Christ, didst vouchsafe to fill the world with joy; grant, we beseech Thee, that, through His Virgin Mother, Mary, we may lay hold on the joys of everlasting life. Through the same Christ our Lord. Amen.

## **TRADITIONAL PRAYERS GRADE 6**

**In addition to Sign of the Cross, Our Father, Hail Mary, Glory Be, Apostles' Creed, Fatima Prayer, Hail Holy Queen, Prayer After the Rosary, All Mysteries of the Rosary, Prayer to My Guardian Angel, Morning Offering, Grace Before and After Meals, Act of Contrition, Responses at Mass, Act of Faith, Act of Hope, Act of Love, Angelus, Prayer to the Holy Spirit, Memorare, Regina Coeli please learn:**

### **Prayer for the Poor Souls in Purgatory**

Eternal rest grant to them, O Lord,  
And let perpetual light shine upon them.  
May the souls of the faithful departed,  
Through the mercy of God,  
Rest in peace.  
Amen.

### **Prayer to Saint Michael the Archangel**

St. Michael, the Archangel, defend us in battle.  
Be our protection against the wickedness and snares of the devil.  
May God rebuke him, we humbly pray,  
and do thou, O Prince of the Heavenly Host, by the Power of God  
cast into hell Satan and all the evil spirits who prowl about the world  
seeking the ruin of souls. Amen.

### **Magnificat (introduce and pray with children)**

My soul proclaims the greatness of the Lord,  
My spirit rejoices in God my Savior,  
For He has looked with favor on His lowly servant.  
From this day all generations will call me blessed:  
The Almighty has done great things for me, and holy is His Name.  
He has mercy on those who fear Him in every generation.  
He has shown the strength of His arm, He has scattered the proud in their conceit.  
He has cast down the mighty from their thrones, and lifted up the lowly.  
He has filled the hungry with good things, and the rich He has sent away empty.  
He has come to the help of His servant Israel for he has remembered His promise of mercy,  
The promise He made to our fathers, to Abraham and His children forever.  
Glory to the Father and to the Son and to the Holy Spirit,  
As it was in the beginning, is now, and will be forever.  
Amen.

### **Vocation Prayer**

Lord, let me know clearly the work which you are calling me to do in life.  
And grant me every grace I need to answer your call with courage and love and  
lasting dedication to your will. Amen.

